

## ? Questions ?

How does it feel?  
How does it smell?  
Can you roll it?  
Can you stretch it?  
Can you squeeze it?  
Can you pat it flat?  
Is it wet?  
Is it dry?  
Is it smooth?  
Is it rough?  
Does it feel soft?  
Does it feel hard?  
Can you change its shape?  
Can you make patterns or pictures in it?

## Sensory Vocabulary

Touch, feel, squeeze, squish, roll, squash, pat, stretch, poke, cut, pull, mix, stir



Soft, hard, squashy, slippery, foamy, dry, bubbly, rough, thick, thin, flat, solid, wet



## Top tips for: Sensory play

There are lots of ways to help your child's physical development at home. Here are a few ideas to get you started and have some fun while you learn!



You could use:

Shaving foam



Spaghetti



Play dough



Washing up  
liquid



Gloop



Jelly



Have you got?

Flour  
Spaghetti  
Shaving foam  
Jelly  
Salt  
Porridge oats  
Ice cubes  
Bowls  
Spoons  
Tweezers or tongs  
Trays, bowls, cups  
Bottles with tops  
Squeezy bottles

Useful websites

[Theimaginationtree.com](http://Theimaginationtree.com)

[Handsonaswegrow.com](http://Handsonaswegrow.com)

[www.pbs.org/parent/childdevelopment/sensory-play](http://www.pbs.org/parent/childdevelopment/sensory-play)

[www.learning4kids.net/list-of-sensory-play-ideas](http://www.learning4kids.net/list-of-sensory-play-ideas)